

FOR IMMEDIATE RELEASE

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THE ‘GOOD NEWS’ THE CHURCH IS PREACHING
 MANAGES OUR BEHAVIOR WHILE KILLING OUR HEARTS.

Jacksonville, Fla: Author Jim Robbins has just published a new book, called *RECOVER YOUR GOOD HEART—Living free from religious guilt and the shame of not good-enough*.

In the book, Robbins tells us why *pressure to be holy* is sabotaging the life Christians are looking for, producing shame and frustration for many believers. The Church has turned God into a behavior-modification therapist—managing external behaviors—while missing the life of the heart. In fact, what Christians have been told about their hearts is killing them.

Is a Christian’s heart really still prone to wander? Are you just as likely to sin after becoming a Christian as before you became one?

Robbins wants Christians to discover the invitation of Jesus— “I will give you a new heart.” (Ezekiel 36:26) Only then can they avoid the futility of religious duty and pressure. Because Jesus has given them a new purity, Christians are *already* good. Discipleship, therefore, is learning to live from a new and pure heart—a surprising goodness now present in the believer. That’s the offer of the Gospel. It’s not about behavior: it’s about a new heart.

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Read an excerpt

To read an excerpt from *Recover Your Good Heart*, click on the book link at Jim’s blog: www.robbinswritings.com. This is the author’s second book.

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**About the author:**

Jim Robbins is a former pastor who currently lives in Jacksonville, Florida, with his wife and two children. He writes for those Christians who want more, a restoration of heart and life. During the late '90's, Jim was asked by author and futurist, Leonard Sweet, to serve on a ministry consulting team Sweet was forming. Additionally, Robbins also led and trained worship design teams before transitioning into a writing/speaking ministry. Jim has led several retreats to help men recover their hearts and find their place in the Story.

He is available for comment at (904) 886-8314 or jim@robbinswritings.com

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